

## Resource for providers notifying outpatients about a POSITIVE COVID 19 test result

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- Command center provider 8 am – 5 pm, Mon-Fri
  - ID fellow 5 pm – 8 am Mon-Fri, all day Sat-Sun
1. **Call patient with positive result** - Review for change in symptoms
    - a. If worsening shortness of breath or other concerning symptoms, refer to the ED
      - Remind patient to inform EMS of positive COVID result and wear a mask prior to EMS arrival if available
      - If patient is well enough to transport themselves to the ER, they should drive themselves (not use taxi, ride-share or public transport).
      - ID fellows should page the COVID-19 consultant on call and inform ATC of ED referral (call operator xxx- xxx- xxxx, ask for ATC ER referral)
    - b. If patient stable, recommend continuing [home quarantine](#). Use CDC and MDH guidance for home-care in quarantine as a resource. Let them know public health will be in contact. Email the COVID-19 consultant.
    - c. Ask if they have enough resources at home to get through the next several days
      - If not –refer to social services or EAP (phone xxx- xxx-xxxx) if Mayo employee
    - d. Ask about known COVID-19 exposures and travel history
    - e. Discuss signs of worsening disease that should prompt them to seek care urgently
    - f. Discuss self-isolation – stay home except for medical care, avoid contact with other people, wear a mask when around others, do not share household items with others, wipe down ‘high-touch’ surfaces daily
    - g. Review health of household contacts and family members – if symptomatic recommend testing (drive through testing if well, ED if unwell – advise them to call ahead)
    - h. If they are a **Mayo employee**, ask if we can call OHS for them (see #4)
      - Non-Mayo healthcare workers should be advised to notify their employee health promptly
    - i. Inform patient this is a reportable disease, MDH will contact them
    - j. If high risk out-patient inform them of video visit or phone call option
    - k. Inform patient home-isolation will need to be continued until:
      - Fever has resolved (without acetaminophen or NSAID use)
      - Improvement in signs and symptoms
      - At least 2 negative NP and OP swabs collected ≥24 hours apart - should be retested at day 14 from diagnosis
  2. **Document notification in Epic**
    - a. Write a note using template to document patient notification and recommendations for home quarantine or ED evaluation
    - b. Send patient CDC COVID-19 information sheet through portal or mail
    - c. Send video visit follow-up request to ECH as a communication encounter to organize followup – specific followup dates
  3. **Public health notification – to be done by IPAC**

- a. IPAC Surveillance Staff will contact public health during regular office hours
- b. Useful contacts for home quarantine, Olmsted County:
  - Olmsted County Public Health general phone number xxx-xxx-xxxx, alternate contact xxx-xxx-xxxx (on weekends for emergent issues)

**4. If patient is a Mayo Employee**

- a. Notify Occupational Health
- b. Additional questions should include:
  - Date of onset of symptoms – down to hour if possible
  - Days worked while symptomatic
  - Locations where they work
  - Ask them to compile a list of co-workers and patients they had contact with to provide OHS
    - Tell them OHS will contact them directly
    - Tell them they are not obliged to contact potentially exposed persons, OHS will do it for them
- b. Ask if they have had contact with patients while they were symptomatic or in the 24 hours prior to onset of symptoms – if yes, contact IPAC ASAP to start contact tracing on exposed patients