Approach for known CoVID-19 infections to release from isolation
Occupational Health, Infectious Diseases and General Internal Medicine Teams

CoVID-19 positive outpatient*

Mayo Employee?

Yes

Patient required hospitalization for CoVID19?

Yes

Immunocompromised patient at high risk for ongoing shedding? **

No

Yes

Patient lives with a person who is high impact if shedding occurs?***

No

Yes

No end of isolation COVID-19 PCR test needed but patient should meet following criteria:
- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); AND
- 2 negative tests at least 24 hours apart

Earliest test at day 12 from diagnosis

Yes

No

Release from isolation

Reassess in 72 hours

**High shedding risk
- Active chemotherapy
- Bone marrow or organ transplant
- Other immunocompromising condition

***High impact if shedding. Lives with someone who is:
- Health care worker
- Age > 65 years
- Diabetes
- Current smoker
- Chronic liver disease
- Chronic lung disease (asthma, Cystic fibrosis, COPD, emphysema, IPF, bronchiectasis)
- Congestive heart failure
- Active chemotherapy
- Bone marrow or organ transplant
- Other immunocompromising condition
- ESRD

* This algorithm does not apply to Skilled Nursing Facility (SNF) patients

OHS orders end of isolation COVID-19 PCR tests for employees
ID orders end of isolation COVID-19 PCR tests for post-hospitalization
GIM orders end of isolation COVID-19 PCR tests for outpatients w/o prior hospitalization